



IARRT Newsletter

INTERNATIONAL ASSOCIATION FOR REGRESSION RESEARCH AND THERAPIES, INC. (IARRT)

[Formerly: Association for Past-Life Research and Therapies, Inc. (APRT), Founded 1980]

PO Box 20151, Riverside, CA 92516 | Telephone: 951-784-1570 | Fax: 951-784-8440

Email: pastlife@empirenet.com | Website: www.iarrt.org

Volume 28, No.1

Spring 2008



Christine Bartlett
IARRT President

PRESIDENT'S MESSAGE

Dear IARRT members,

Happy Spring!

I know some of you aren't feeling it yet as you look out the window at tall snowbanks and cold weather....but the flowers are blooming here in California and in a few days we turn our clocks ahead and we are warming things up for you to get ready to join us for this lovely weather in a few months for our Annual IARRT family reunion....the IARRT Conference.

Our annual conference this year is in the fabulous San Francisco Bay Area, a great opportunity to travel to one of the favorite travel destinations of the world - to leave your heart in San Francisco.

The first IARRT conference I ever attended was in San Francisco 10 years ago and how synchronistic it is that my last Conference as IARRT President and the completion of my service on the Board of Directors will be also in San Francisco. Is it synchronicity...or is it planned? I have traveled and learned a great deal between these events over the years and met all of you, our IARRT family, it has been a challenging and wonderful opportunity and journey and it will be a nice feeling to be coming home.

I invite you to join us for this fun time, enjoy our fabulous two Keynote speakers and our Celebration party at the Banquet on Saturday night....you don't want to miss it!!

Just like at all family reunions....be there to share and make memories with us or we will be talking about you.....(good things of course).

See you then!
Christine Bartlett PT, CHT
IARRT President

*We are continually faced with great opportunities
which are brilliantly disguised as unsolvable problems.*

-- Margaret Meaa



BOARD MEMBER REPORTS



Walter Semkiw, MD
Publicity Chair

Publicity Report

International Publicity for IARRT (From the Fall 2007 Issue)

This article is written from Serbia, where Barbro Karlen and I are participating in the International Book Fair in Belgrade. Barbro's book, *And the Wolves Howled*, in which she describes her childhood memories of being Anne Frank, has been translated into Serbian and released at the fair. Similarly, my book, *Born Again*, which features Barbro's case, as well as the reincarnation cases of past IARRT conference speakers Jeff Keene, Wayne Peterson, Robert Snow, Peter Teekamp and others, has also been published in Serbian. IARRT is prominent in the Serbian version of *Born Again*, as IAART is an essential part of my story. In addition, IARRT contact information is provided in the Serbian version of *Born Again*. My Serbian publisher is in the process of translating *Born Again* into Croatian and the other languages of the republics of the former Yugoslavia, and there are plans to also publish my book in Russia.

It is clear that there is a great need to develop an IARRT branch in Serbia. At our booth at the book fair, individuals have frequently asked where they can have a regression done in Serbia and sadly, we have no one to refer them to. Our publisher has pledged to work with IARRT to help develop a network of regression therapists in Serbia. Publicity for our reincarnation books has included a press conference at the Belgrade Media Center and an in-depth interview with a Belgrade newspaper reporter. Later this week, a Serbian television station will interview Barbro and me.

On our way to Serbia, Barbro and I did a presentation in London at the College of Psychic Studies. A publisher was present in the audience, who has offered to publish my book, *Born Again*, which features independently researched reincarnation cases, as well as cases solved through Kevin Ryerson, in England. In addition, gracious individuals who attended my presentation at the recent IARRT conference in Danbury, Connecticut, have expressed interest in translating *Born Again* into Japanese and Indonesian.

After the conference at Danbury, Cindy Blum made arrangements for a presentation on reincarnation at the Katonah Study Group for Integrative Medicine, in New York. At this presentation, as at the Danbury IARRT conference, Jeff Keene, author of *Someone Else's Yesterday-The Confederate General and Connecticut Yankee: A Past Life Remembered*, joined me. I sincerely thank Cindy for inviting us to speak in Katonah and for her efforts in organizing the recent IARRT conference in Danbury.

As many of you know, *Born Again* was first published in India in 2006 through the efforts of our beloved, late, Sunny Satin. As mentioned, IARRT is prominent in several reincarnation cases featured in *Born Again* and IARRT contact information is displayed on my biography page. It is my hope that overseas versions of *Born Again* will help IARRT grow on an international basis.

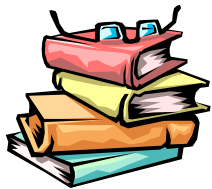
After we return from Europe, I will be joining William Barnes, author of *Thomas Andrews, Voyage into History: Titanic Secrets Revealed Through the Eyes of Her Builder*, on the Queen Mary in Long Beach, CA. Bill has been invited to speak by the Trans Oceanic society about his memories of being Thomas Andrews, the designer of the Titanic who died on her maiden voyage. I will introduce Bill and present

independently researched reincarnation cases, which provide a context for his own reincarnation case. I first met Bill at an IARRT conference, which will be acknowledged at the presentation.

December 8, 2007, Gayla Reiter and I will conduct a joint presentation at Solano College, in Northern California, where I present cases that demonstrate objective evidence of reincarnation and Gayla conducts group regressions. Gayla and I always promote IARRT at our seminars.

In sum, it is my firm opinion that over time, interest in reincarnation and IARRT will grow on an international basis. Thank you for allowing me to serve on the IARRT board.

Best Wishes,
Walter Semkiw, M.D.
Publicity Chair



Journal Report

Next Journal issue: Content continues to trickle in for the next Journal issue, which is scheduled to be published late May/early June. To date I have 4 articles and 3 book reviews. There is still time to submit articles or reviews to the Journal. Cut off date for submission is April 15th. See the Journal page on the IARRT web site for submission guidelines: www.iarrt.org/journal.html .

Journal to CD Project: The IARRT web site currently offers 15 issues of the Journal in electronic PDF format. There are an additional 4 issues ready to upload and 3 more to be translated. Target date for completion of the conversion is June 1st this year. In an effort to make individual articles more easily distributable, all individual articles from all issues will be e-mailed to Connie in PDF format. This will allow faster printing of articles as Connie will no longer have to stand at the copy machine to copy articles from the print issues. The electronic version of the articles will be properly formatted so that, when printed, they display a more professional look and feel.

NOTE: RESEARCHERS! As Journal editor I need your input! One of the purposes of converting all of the Journal issues to electronic format is to enhance your ability to research current and previous work in regression therapy. The beautiful thing about working with electronic documents is that I can create whatever format or structure is most beneficial to your search for meaningful data. If you have a preference as to how you would like to see the articles presented then let me know quickly.

Thoughts I have had concerning research and searching for data include: 1) compiling all Journal articles into one large document that you can search through, or compiling all of the articles and group by author.

So, feedback please! E-mail your suggestions or preferences to journal@iarrt.org . Remember, if there is a particular way you hate to search for data, let me know that too! Otherwise some other researcher may tell me that is their favorite way and that is what we end up with!

A reminder, with new Membership, a Member receives the password to the most recent Journal of Regression Therapy. Past issues of the Journal in hardcopy or electronic versions are \$26. Passwords and hard copies can be purchased through the IARRT office.

Christine Bartlett, IARRT President
and Lou Siron
IARRT Journal Editor

BOARD MEMBER REPORTS

Membership Report



Gayla Reiter
Membership &
Nominations Committee
Chair

Call for Nominations

Article VII, Section H 1 of IARRT's ByLaws calls for a notification to the membership of vacancies for the IARRT Board ninety five days prior to the Annual Meeting (which will be held the last week of May, 2008). Article V , Section 1 of our ByLaws indicates our Association will be governed by a Board of twelve (12) Directors elected by the eligible voting members at the Annual Conference. We currently have 9 Board Members serving on the IARRT Board and three of those Board members' terms are expiring in 2008, so there are 6 vacancies to be filled.

Duties of each Board member are determined at the Board meeting following the election. Board members hold office for a period of three years.

If you are interested in assisting with IARRT's leadership during this very important time , please send your resume and statement of intent (i.e. why you are interested in being on the Board and any special background or training you have that would be useful to IARRT's growth) to me by April 9, 2008. My address and contact information is :

Gayla Reiter
240 Baker St.
Benicia, Ca 94510
email: gayla@gaylamindspring.com
Telephone: (707) 745-0105

The IARRT Board will need to have your application and information at least 50 days prior to the May 2008 Conference and Annual Member meeting, although the election and your potential term of office would not begin until the election is held at the 2008 conference .

Thank you for your interest in IARRT and our goals.

Namaste,
Gayla Reiter
Nominations / Membership Chair

We'd Like to Hear from YOU!
Share your ideas, comments or suggestions with any of the IARRT Board Members!
www.iarrt.org

BOARD MEMBER REPORTS



Carol Knoll
Education Director

Education Report

TRAINING EVENTS

**Course in Professional Hypnosis
Regression Therapy Training**

**May 26 – May 30, 2008 9am- 5pm
May 28 – May 30, 2008 9am-5pm**

- Level 2 – Basic Skills**
- Level 3 – Intermediate Skills**
- Level 4 – Advanced Skills**

***See full descriptions of course contents at www.iarrt.org under Training.**

POST- TRAINING INSTITUTES - OPEN TO PROFESSIONALS & THE PUBLIC

June 2 – June 3, 2008 10am – 6 pm

Dr. Joseph Costa: 15th STEP PROCESS*

***See full description of this class on www.iarrt.org**

June 2 – June 3, 2008 9am-5pm

**Betty Hicks & Jann Bilodeau: Intuitive Drama:
Forgiving from the Inside Out**

June 2, 2008 9am-5pm

**Albert Marotta: There Is More To Karma &
Healing Than Meets The Eye**

Tuition

Please pay tuition to IARRT office.

Course in Professional Hypnosis
Level 2 or Level 3
Level 4

IARRT Member Prices

\$650.00 after April 15 \$750.00
\$350.00 after April 15 \$450.00
\$375.00 after April 15 \$475.00

Non Members add \$50.00 to above

15th Step Process

\$235.00 Member, \$285.00 Nonmember

Intuitive Drama: Forgiving from the Inside Out

\$235.00 Member, \$285.00 Nonmember

There Is More To Karma & Healing

\$125.00 Member, \$175.00 Nonmember

Tuition Refunds NOT available after May 1, 2008

Accommodations

The trainings, IARRT Conference, and the post conference institutes are all being held at the **Clarion Hotel, San Francisco Airport**. For reservations call 1-800-223-7111 before April 25, 2008 and mention International Association for Regression Research and Therapies to get the room rate: Singles \$109.00; Double/Twins \$109.00. Cancellations must be made by 6:00pm on the day prior to the arrival to avoid cancellation fee. Departure date must be confirmed at the time of check-in.

We look forward to seeing you there!

Carol Knoll
IARRT Education Chair
465 Goodspeed Rd.
Virginia Beach, VA 23451

BOARD MEMBER REPORTS



Dorothy Neddermeyer
Vice President &
Conference Chair

Conference Report

2008 Annual International Conference: May 30 - June 1, 2008

Theme: Reincarnation, Karma and Forgiveness: Soul Evolution

Location: Institute of Noetic Sciences - 101 San Antonio Rd. Petaluma, CA

www.noetic.org

WE ARE ACCEPTING REGISTRATIONS NOW! CALL THE IARRT OFFICE or send your check TODAY TO GET YOUR 10% DISCOUNT on full tickets only.

Be the proud early bird that gets the conference discount worm - Register NOW! (Deadline April 30th).

Sixteen experiential practical sessions for seekers and professionals are scheduled. Join and connect with others around the issues that are most important to you.

Friday, May 30 - Opening Ceremony - 8:00 p.m. to 10:00 p.m.



KEYNOTE SPEAKER: James, O'Dea, President - Institute of Noetic Sciences. "Social Healing" - Its primary modalities are truth, reconciliation, forgiveness and restorative justice. It requires individuals to assume the responsibility to become healing agents themselves and as such it is experiential rather than ideological.

Saturday, May 31, Banquet – 7:00p.m. to 10:00 p.m.



KEYNOTE SPEAKER: Wayne Peterson, Author "Extraordinary Times, Extraordinary Beings" and "Master Wisdom". Peterson's story of his personal and professional lives reveals how the masters oversee human endeavors.

MAY 31 AND JUNE 1 WORKSHOPS:

Betty J. Hicks - "Intuitive Drama: Forgiving From the Inside Out" – Open the door to self forgiveness through this intuitive and dynamic role-playing process participants will have the opportunity to side step their egos while achieving amazing clarity about what is really driving any given life situation or issue.

Jonni O'Connor, Ph.D - "Modern Meditations That Evolve Your Whole Healing Forgiveness" -- How to evolve our ability to forgive? How can we trust, so we can truly let go? To evolve our ability to forgive, we need to go deeper, to the source of the situation that we feel requires our forgiveness.

Holly Holmes Meredith - "The Ethics of Being a Past Life Therapist" -- In this workshop you will learn about the pitfalls and the ethical issues that arise in the practice of past life therapy. Specifically, you will learn about how to facilitate past life therapy without doing any harm to the client through:

Eric Christopher - "Meeting Your True Essence Beneath Your Problem" - Learn how what clients present can be placed under a microscope and reduced to unwanted feelings and sensations in the body, kept in place by conditioned thought patterns that have their root in the past. Three techniques to heal core issues.

Adele Tartaglia, Bd. Cert. Therapist - "Understand Your Mind - Make the Law of Attraction Work for You and the World" - This workshop picks up where the Secret, Lipton and Sheldrake's leaves off. Since we are the field within the Field we can change the environment that is dictating our DNA patterns moment to moment and create our reality versus allowing it to manifest accidentally.

Barbara Kauffman - "Freeing Souls from Hidden Restraints" - Recognize the signs of an unwanted soul or entity hidden beneath conscious awareness that is interfering with the health and/or the daily life of the person. Use regression therapy to release and heal both the client and the soul attachment.

Christine Alisa - "How Children can get a Head Start on Clearing Karmic Patterns and Reach Their Highest Potential" - Learn the effectiveness of Past Life Therapy to resolve issues such as ADHD, PTSD Learn how Karmic patterns emerge with children and how to resolve those patterns.

Connie Rodriguez - "Soul Evolution through Soul Journeying" - Learn how past life regression can clear karma and bring compassion for those you have had difficulty with in this life. Emotional issues with current people often link back to other lives.

Albert Marotta, CHt - "There Is More To Karma And Healing Than Meets The Eye" - There are aspects of past life regression that are little acknowledged or even ignored. Such as: recognition of earth bound entities and their influences. The quantum and theoretical sciences have proven we live in a multi-dimensional reality.

Lucy Baker, CCHt: - "Personal and Psychic Development For Hypnotherapists" - Your work is as powerful as your ability to be authentic. Deepen your self-awareness – deepen your clients' experience. Learn seven keys to Intuitive Growth. Practical exercises to develop intuitive skills.

Linda Marcickiewicz - "Who are You?" #1 Identify feelings.. #2 Accept who you are, why you are here, know the truth about yourself and willingness to move forward; #3 Look within yourself to find your specific task and to do it with Joy and Healing; #4 Use past life regression to discover one's self and where one is at in the process of evolution, and to forgive one's choices in other lives.

Cory Cochiolo - "Millennium Woman" - Women have a unique role in the World to heal relationships among women and guide men into higher consciousness. Discover the importance women played in healing the planet and the critical role women have now.

Joseph Costa, PhD - "15th Step – Energy Shift and Other Mystical Phenomenon: Open the Doors to the 21st Century" – learn a simple daily answer to balancing your life, physically, materially and spiritually to come into harmony, to live life with ease.

Kaiser Shroff – "Face Reading" What is your facial features and expressions telling the world? Learn to shift the perceptions you give to enhance your self-esteem and credibility.

Margarita Videnova-Lett - " Hypnotic State as an Electro-Physical Reaction of the Brain" – Analyzing the function of hypnosis as a mutual reaction of the brain and the levels of consciousness. You will work with more trustful and cooperative clients who will understand the depth and breadth of hypnosis.

Walter Semkiw, MD, “More Evidence of Reincarnation and a Path to Forgiveness” – Multiple independently researched reincarnation cases. Wayne Peterson, will discuss three of his past lives featured in Dr. Semkiw’s book, Born Again.

Pre-Conference: May 26 – 30, 2008
Conference: May 30 – June 1, 2008
Post-Conference: June 2 – 4, 2008

Pricing Full Ticket*:

Member:	\$335.00	Member & Guest:	\$610.00
Non-member:	\$375.00	Non-member & Guest:	\$690.00

*Full ticket includes: Welcoming Ceremony and Keynote Speaker, Saturday Banquet and Keynote Speaker and a choice of four workshops from a schedule of 16 workshops

A La Carte Pricing

Saturday or Sunday Workshops:	\$110.00
Saturday and Sunday Workshops:	\$220.00
One workshop:	\$ 45.00
Keynote Speaker:	\$ 55.00
Banquet and Keynote Speaker:	\$ 90.00

Note: Pre- and Post-Conference training and institutes are a separate fee.

Hotel

Clarion Hotel, 401 E. Millbrae Avenue, Millbrae, CA (San Francisco airport)
 Phone: (650) 692-6363
 Single/Double: \$109.00 (IARRT Conference rate)
 FREE shuttle from airport to hotel.

World Regression Congress

3rd World Regression Congress
September 4 – 6, 2008
Mangaratiba, Rio de Janeiro, Brazil
Hotel Portobello www.hotelportobello.com.br

Theme: Reconnecting: Overcoming Dissociation and Alienation

Program: The congress is meant for practicing regression therapists, practicing psychotherapists moving into regression, recommended students in regression training programs, and researchers into the effectiveness of regression therapy.

Submit a Proposal: The 3rd World Congress on Regression Therapy invites you to be a Presenter. We look for workshop and discussion proposals that are interesting to practicing regression therapists, especially when related to the congress theme. We especially invite colleagues to share their ways of working, illustrating regression practices with examples, giving practical demonstrations and group exercises. We are also interested in research in our field. <http://www.regressioncongress.org/>

Dorothy M. Neddermeyer,
 Vice President/Conference Coordinator
 And Liaison World Regression Congress

BOARD MEMBER REPORTS



Joseph Costa
Research Committee
Co-Chair



Eric Christopher
Research Committee
Co-Chair

Research Report

Happy New Year to All,

I believe it is important for all of us in the IARRT organization to consider ourselves as researchers. We are all pioneers in a ground-breaking field. Unlike most healing profession modalities, Past Life Therapy exposes the inner subconscious wisdom within each individual. As practitioners, we all know that we contain a higher, wiser part of ourselves that can guide us to insights and resolve problems. First-time clients are routinely amazed as they witness this aspect of themselves in action. As more of society becomes aware of this treasure latent within

everyone, life can become more harmonious for the general population. As researchers, you can participate in spreading the word of a therapy which utilizes the client's own inner resources. We are conducting a research study designed to measure the effectiveness of PLT. If you are a practitioner of PLT, please contact me at echrist84@hotmail.com to obtain a 5-minute survey that you can give to your clients. You can then know that you participated in an important research study for humanity. May 2008 find you growing in wisdom, awareness and happiness!

Research Committee
Eric Christopher (echrist84@hotmail.com)
Joseph Costa, PhD (joseph@15thstep.com)



CONNIE BROOKS
EXECUTIVE DIRECTOR

Office Report

NEWS FROM THE OFFICE

Hello Dear IARRT Members.

Thanks to all of you that returned your address and information changes so we can keep our records updated. It is through all of you and your thoughts and prayers that keeps IARRT in the forefront of the world. Whether it is the new members that you bring in, the workshops that you may be giving and promoting IARRT, or through your daily clients.

Don't forget about the upcoming training in San Diego at the end of January and the conference in May. Hope to see you there!

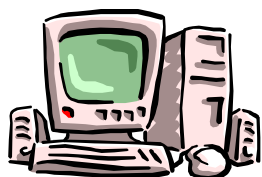
I want to thank all of you again for contributions you may have given to IARRT throughout the year of 2007. Donors/Financial Growth Campaign for November and December 2007

- | | | |
|---------------------|----------------------|------------------|
| Anonymous Donor | Jane Cornish | Carol Knoll |
| Joe Costa | Walter Semkiw | Rifa Hodgson |
| Evelyn Fuqua Cook | Christine Bartlett | Eric Christopher |
| Maggie van Staveren | Albert Marotta | Sharon Seymour |
| Esther Iseman | Dr. Sylvia Hammerman | Barbara Pomar |
- If I have forgotten your name it was done inadvertently, so please forgive me.

I look forward to Peace and the End of War and wish you a prosperous and Happy New Year.

Connie Brooks
Executive Director

BOARD MEMBER REPORTS



Website Report

The following changes have been made (From the Fall 2007 Issue):

The hosting company: The hosting company changed servers and failed to communicate the new password to the webmaster. A major glitch had occurred when the hosting company uploaded old versions of the web site. It was recommended to change to Acorn.com. Acorn.com offers a reduced rate for non-profit web site owners. Dorothy Neddermeyer paid for the first year. \$47.00. The move was successfully completed in August.

The Conference Section: The conference section is continually in evolution to be more user friendly with more information. The Conferences homepage lists conferences by year. For past conferences, a wrap-up page has been created. The wrap-up page gives details on types of presentations, attendees, chairs and co-chairs, purchasing CDs, and when the next conference will be.

The Training Section: This section is continually updated as events occur.

Changes in Progress

Searchable database: Members will be listed in a searchable database by name, town and state. Thanks to Lou Siron for creating the spreadsheet for the database.

Recommendations Approved

A Reciprocal Linking Program: One of the most well-known avenues in online marketing, reciprocal linking will promote the IARRT website to like-minded professionals, organizations, and merchants. You have already completed the first step in having a Related Links page composed of people wishing to advertise on the IARRT website. The second step is to have each one link back to IARRT from their website.

A Suggest-a-Link Form: This type of form would facilitate submitting a link for approval and would allow the moderator to accept, reject, or ignore a submission.

A Combined Conference List: This document would continue the list of conferences on the Conferences homepage, adding those prior to 2004. All that is needed is the conference name/theme, dates, location, names of chairs/co-chairs, and whether or not CDs/Tapes are available. Benefits of such a list include reputation building for IARRT, record keeping, and posterity.

A Combined Speakers List: This document would list every speaker who has presented at an IARRT conference. It would include the speakers name, country, title of abstract, type of presentation (workshop, panel, training, etc.), year presented, and would be organized alphabetically by last name. A speaker could be listed multiple times depending on the number of presentations they have given. Benefits of such a list include reputation building for IARRT and individual presenters, record keeping and posterity. To see an example of such a list, please visit http://www.archimuse.com/conferences/speakers_list.html

An IARRT Mailing List: An opt-in mailing list would be used to distribute announcements and monthly articles to all members. E-newsletters could feature monthly articles written by IARRT members, book reviews and releases, calls-for-abstracts come conference prep season, event listings, travel opportunities, training sessions, calls for conference registration, job vacancies...the opportunities are endless.

Ideas and Suggestions Welcome! Please send your suggestions to Dorothy Neddermeyer DorothyNed@gmail.com Use the Subject: Web site Suggestions.

Dorothy M. Neddermeyer
& Sergio Saravia, Webmaster

NEW BOARD MEMBERS



Charles Knoll, MD

Dr. Knoll is a physician board certified in Physical Medicine and Rehabilitation. After training at the Rehabilitation Institute of Chicago, he practiced at the Johns Hopkins School of Medicine, and then went on to study hypnotherapy through IARRT and at the Institute of Thought. Now based in San Diego, his research investigates the Mind's ability to heal through altered states therapy.



Kaiser Shroff, Energy Master

Kaiser has a double graduate Degree- Science and Law, Masters Degree in Law and Barrister-at-Law from London. Last 32 years dealing with various issues of man kind. Done research study of many issues which touches the 'Human lives'. As a Lawyer served on many Legal and Para-Legal Committees in High Court and Government and Political Congress in India. Held many seminars, work-shops and speaker in many Conferences on 'Women Power', Literacy for Women and Children, Education for under privileged. Shared the grief with thousands and touch their lives to show them better living. Served on few Associations in London for Community service and Guidance for upliftment of humanity.

During her dynamic Legal and Political career, also gained knowledge of other Energies and Planetary influence on Humans. How and why it affects the human personality and what is the cure for it. Gained deep knowledge of Asian Philosophy of 'Vastu' -Heaven's Energy's impact on our living space, Feng-Shui - Heaven and Human Energy impact on our lives, Numerology, Astrology, Palmistry, Enhancement of energy power of 'Chakra and Auric Field', Intuitive Feng-Shui, Deep knowledge of 'I Ching and kinship', Essence of Yoga and Vedic Mantra, Harmony and energy balance with Pyramid-Sound-colour and space, Sensing the Chi to discover the energy impact around you, Energy of Garden and Plants for humans, Crystal therapy and human healing, Past life Regression and Spiritual connectivity, Face Reading and Reincarnation, Regression and Progression and she has gained much more versatility over many subjects with her 'Psychic' abilities and 'Channelling Power' with higher masters.

She has dealt with thousands of cases all around the world enlightening many lives by unfolding the mystery of their 'Face Reading and power of Numbers' linking with Regression Therapy and helped them overcome their illnesses and other problems. Guided many students and young generations on their career path and many were guided to live in a better relationship. She is a speaker and Teacher and travels in many continents to enhance the energy of many individuals. Her aim and mission is to guide every human to understand and acknowledge their own 'energy potential' to live a better life with positivity, success and spiritual evolution. Her expertise in 'Regression and Progression has helped many to make their dreams come true.

TOPICS OF INTEREST

MEMBER ARTICLES

Letter from the President of IARRT to the membership.

Subject: Research project: survey of the membership

The second “R” in the IARRT acronym stands for research and it is there because one of the primary goals of the association is to continually extend the knowledge and use of regression in therapy. A fellow IARRT member, Rich Stammler, wants to research the extent, circumstances, and therapy when non-Earth beings (he calls them transmundo beings) arise in regression therapy. The study is a part of his dissertation for a doctorate in transpersonal psychology and the results of this research will not only lead to an advanced degree but, also key information back to the IARRT membership.

This research project will only lead to meaningful information if a significant portion of our membership responds. I encourage you to take the 15 minutes to complete the survey. Rich has a place on the survey where you can volunteer for a telephone interview if you are so inclined. A stamped envelop is included for your convenience.

As the president of IARRT I heartily endorse this project as a means for advancing the knowledge of our craft. Please take the time to participate in any way you can.

Sincerely,
Christine Bartlett.

Survey of transmundo (TM) experiences: IARRT clinical hypnotherapy practitioners

Instructions: Where appropriate circle or check the response. Provide percentages where applicable. Responses apply to your therapy cases. Some questions may have more than one response. Please return in the pre-addressed envelope.

#	Therapist’s biographical data				
1	Years of experience as a hypnotherapist	_____			
2	Age	_____	Gender	M _____ F _____	
3	Cultural/ethnic background	_____			
4	Level of IARRT membership	1 _____ 2 _____ 3 _____			
5	Types of therapies employed in your practice	Limited to regressions	Other (please list in order of use)	_____	_____
6	I have personally experienced TM aspects	TM past life	TM in the most recent past life	I know/believe that I am not fully human	Attachment
		Other			
	Basic considerations				
7	Clients with TM experiences	I never get them	I have gotten these clients but don’t feel experienced to deal with them	Have gotten them and work with them	Other

8	Training: TM Clients	Beginning certification is sufficient to deal with them	Level four training is sufficient to deal with them	Specialized training should be available to deal with them	Other
9	I believe that the TM experience is a part of the coming shift in consciousness	Yes	No	Comment	
11	The reality of TM experiences	Are fantasy and of no great therapeutic interest	Are fantasy albeit useful for healing	Represent something real	Other _____
12	TM experiences	Are a rightful part of therapy	Should <u>not</u> be dealt with through ordinary regression therapy	Represent a psychological pathology	Other
13	I estimate _____% of my clients have/have had TM experiences	_____%			
If other than zero, please continue. If zero, please feel free to express your ideas and opinions in narrative form.					
14	I estimate the total numbers of my clients with TM experiences to be	_____			
15	My clients with TM experiences are _____ in recent years	Greater in number	Less in number	Unchanged	
16	Types of therapies employed in treating my TM clients	Limited to regressions	Other (please list in order)	1 _____ 2 _____	3 _____
Information about your transmundo clients (% are of your total TM clients, should add to 100%)					
17	Sex	_____ % male	_____ % Female		
18	Age	Average age _____	Range of ages _____		
19	Marital status	Married _____ %	Divorced _____ %	Always single _____ %	Same sex relationship _____ %
20	TM patents tend to be of _____ cultural background (list top three)	_____	_____	_____	
21	Have trouble in their close interpersonal relationships	_____ %			
22	Manifest some type of oddity	Physical _____ %	Postural/behavioral _____ %	Unusual Speech/language _____ %	Other (list)
23	Psychological stance (check all that apply)	Arrogant _____ %	Fearful _____ %	Confused _____ %	Normal _____ %
		Other (list)			
24	Concern about TM experiences was the primary reason for seeking therapy	_____ %	Comment		

25	Client's pre-therapy hints of TM experiences	Behavioral/attitudinal ____%	Unusual dreams ____%	Experiences in non-ordinary states of consciousness ____%	Abduction experience(s) ____%
		No pre-therapy hints ____%	Other		
26	The TM experience came up in therapy	With great difficulty ____%	Easily during regression ____%	The client was already aware and the sessions confirmed the awareness ____%	other
27	The reason the TM clients came to therapy	Because of the TM experiences (client was aware of it/them) ____%	Problems fitting into society ____%	Difficulty with relationships ____%	other
	Types of TM experiences you have encountered (first two columns should add to 100%)	Where TM is part of the client's extended self ____%	Where TM is not part of the client's extended self, ____%	The TM shows both aspects; part of self and independent of self. _____	Associated with a walk-in ____%
28	Types of TM experiences you have encountered where TM is part of the client's extended self	TM past life experience ____%	TM experience in the present life ____%	Manifested itself in a future life ____%	other
29	Types of TM experiences you have encountered where TM is not part of the client's extended self	TM attachment/manipulation of client ____%	TM implants ____% (may be physical or non-physical)	Abduction experience ____%	Other
30	Types of TM experiences you have encountered where TM is not part of the client's extended self	Came to Earth to help the human species ____%	Was banished to the Earth. ____%	Accidentally arrived to the Earth ____%	Other
31	The TM experience was associated with (where TM is part of the client's extended self)	A more spiritually evolved life form ____%	A less spiritually evolved life form ____%	About the same as the client ____%	Could not be determined ____%
32	The TM experience was associated with (where TM is not part of the client's extended self)	A more spiritually evolved life form ____%	A less spiritually evolved life form ____%	Could not be determined ____%	Other
Course of therapy (% are of your total TM clients, should add to 100%)					
33	The TM connection first revealed itself	In the first session ____%	In the second session ____%	in the third session ____%	More than three sessions ____%
34	The TM client	Did not accept the TM connection ____%	Had difficulty accepting the TM ____%	Easily accepted the TM connection ____%	Other
35	The TM aspect/experience	Was for the higher good of the client ____%	Was deleterious to the client ____%	Was overall neutral to the client ____%	Other
Treatment Outcome					
36	The therapy*	resulted in complete	Resulted in some cessation of the	Was unsuccessful ____%	

		cessation of the TM client's reason for therapy _____%	TM client's reason for therapy _____%		
37	Where treatment failed it was due to	Client could not accept the TM aspect _____%	Other	The issues with the TM aspect could not be resolved due to _____	Please comment
38	My clients had repeat therapist visits (more than one course of treatment)	_____%			
39	Other typical benefits besides clients initial complaint/issue	Improved adjustment to society _____%	Improved interpersonal relationships _____%	Improvement in physical or medical issues _____%	Other
40	Where positive results were achieved, they persisted after treatment (where known)*	Only post-session _____%	Three months _____%	Six months _____%	Permanently (more than one year) _____%
	My responses	You can quote me in any professional publication or forum.	Please keep my responses anonymous.	Where applicable, all client information should be kept anonymous.	

* Responses should add up to 100%.

Additional contact: I would be happy to provide additional information by way of telecom and/or I have sent you an e-mail.

The best way to reach me is _____ Day(s) of the week _____ Between the hours of _____

Definition of terms

Transmundo experiences are client experiences of two basic types. The first is where the client has an “other” life (past or future) as a non-Earth life form that may or may not be human-like. The second is where a non-Earth life form **not** obviously an extended part of the client’s self, impacts the client in some fashion. These life forms may be of a “higher evolved” life form or not. Exclude guides and what is ordinarily considered as “masters” who may not have had an Earth existence.

Walk-ins – is a dynamic where the original soul by agreement vacated the body, which is then occupied by a second soul.

IARRT Level 1 -Professional Level 1: Certified Regression/Past Life Practitioner:

Individuals who have a certificate of training or are Certified in the field of Past Life/Regression. Qualifications: Individual who has a certificate or certification of training in the field of Regression or Past Life.

IARRT Level 2 - Professional Level 2: Non-Certified Professional Member

Individuals who are not Certified or do not have a certificate showing training in Past Life/Regression who are: Engaged in Past Life Training program or - Who may have degrees - MD, PhD, MFCC, LCSW, MA, etc. or certification in related fields of healing or alternative therapies or research.

IARRT Level 3 - Level 3: Supporting Member

Individuals who support the ongoing education, research and studies of Regression/Past Life therapy. (The above IARRT levels from the IARRT website.)

NEWS YOU CAN USE

[Belief in Reincarnation Spreads Hinduism in America](http://www.newsweek.com/id/96398)

<http://www.newsweek.com/id/96398>

NEW YORK, USA, January 24, 2008: (HPI note: this is an article from the latest issue of NEWSWEEK, January 28, 2008.)

Reincarnation is an increasingly mainstream belief. Madonna has said she's a believer. So has Kate Hudson. According to a 2003 Harris poll, 40 percent of people aged 25 to 29 believed they would return to earth in a different body after they die. Popular New Age movements such as Scientology and Kabbalah teach some version of reincarnation, and best-selling books, notably by the Yale-trained psychiatrist Brian Weiss and by the therapist Carol Bowman, have brought the concept into the American mainstream. This ancient belief, a core belief of more than 800 million Hindus, has been in the news.

Stephen Prothero, religion professor at Boston University and a student of Hinduism, has an interesting theory about Americans' interest in reincarnation. As people become more prosperous and more educated, the idea of leaving the earth forever--even for heaven--has less appeal than the idea of coming back. "We all want the here and now, and reincarnation is about the here and now," Prothero writes in an e-mail.

Reincarnation would seem to be at odds with mainstream Christianity, the majority religion in the United States. Traditionally, Christians have believed that, after death, their body and soul separate temporarily only to be reunited, at the end of time, in the general resurrection of the dead. Belief in reincarnation presents logistical--not to mention theological--problems. If souls keep cycling back to earth, which body is theirs at the resurrection? What happens to all the other bodies they've inhabited? Prothero argues that the popularity of reincarnation correlates to a waning of belief in physical resurrection among Christians. That's why a third of Americans choose to be cremated these days, up from virtually none 30 years ago: they believe their souls are eternal, not their bodies. "Americans," Prothero says, "are becoming more Hindu."

2007 IARRT BOARD MEMBERS

Christine Bartlett, PT, CHT president@iarrt.org newsletter@iarrt.org christbartlett@aol.com	President
Dorothy M. Neddermeyer, PhD, DorothyNed@gmail.com conferenceus@iarrt.org	Vice President / Conference Coordinator / World Congress Chair
Carol Knoll, CR chknoll@earthlink.net	Education
Eric Christopher, M.S., MFT echrist84@hotmail.com	Research
Joseph Costa, Ph D Joseph@15thStep.com	Research
Gayla Reiter, MS, CHT gayla@mindspring.com	Nominations / Ethics Domestic Membership Chair / Raffle Coordinator
Walter Semkiw, MD walter@johnadams.net	Publicity
Connie Brooks pastlife@empirenet.com	Executive Director